

Dear parents and carers,

The NSPCC are working hard to support children and families with the hazards of being online. We know that the children know so much about the online world and we often rely on them to tell us. The link below, may be a useful half an hour that will just give parents some ideas of how to have these conversations with children to keep them as safe as possible and to avoid their online behaviour contributing to poor mental health later in life.

Link Below:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/>

Thank you

Mrs Thomas

Sent via

School Life